



2-Minute Trainer Worksheet

Impulse Control

Game 1: Sit & Accept Praise	Date	Time	Location	Duration	Did dog relax?	Notes: Plans for Next Session
Game 2: Whatcha Gonna Do?	Date	Time	Treats Used	Hand closed? Open?	# Treats Given	Notes: Plans for Next Session
Game 3: Pick Me!	Date	Time	Location	# of Hand Touches	Treats Used	Notes: Plans for Next Session



2-Minute Trainer Worksheet

Impulse Control

Game 4: Ditch the Bowl	Date	Time	Location	Behavior Requested	Notes: Plans for Next Session	
Game 5: Take It / Leave It	Date	Time	Location / Challenge	# Times Take It	# Times Leave It	Notes: Plans for Next Session